

COUNCIL ON AGING BOARD
REGULAR SESSION MEETING MINUTES
Veteran's Memorial Building, Rm 19
2900 Main Street, Millis, MA 02054
MEETING NOTES FROM October 13, 2017

CALL TO ORDER: Maria called meeting to order at 9:10

The following persons were present:, COA Director Patty Kayo, Chairperson Maria Neville, Secretary Helen Daly, Carol LaFreniere, Lisette Walter, Brooks Corl, Chris McCaffrey

Motion to accept the August minutes and Secretary's Report as amended – made by Maria – second Bill Treasurer's Report

- Vehicle repairs not yet completed for 2 vehicles – insurance will only cover after-market parts for both – Town is responsible for the deductible, Patty not comfortable with the Insurance Companies decision to use subpar parts. We are going to have these vehicles for the unforeseen future and should be maintaining them as such.
- All other line items in order at this time

HESSCO

- September meeting focused on replacement of their accountant who left as well as a number of the support personnel. A retired accountant came back to help – the accounting firm that did the last audit will take over the accounting position.
- Tele-behavioral Health Program to assist those with mental health issues unable to leave their homes. Currently have 12 patients and they cover 10-12 sessions for each via computer – hope is to make this a regular program.
- Other towns reported on some offerings at their COA's – Memory Café, jewelry making, evening programs (5:30 TO 6PM), chair yoga.
- Carol reports that we use HESSCO Title 111B transportation system for Boston runs that we cannot cover. Each client is limited to a max use of 4 times per year.

Outreach Report:

- September saw 2 clients being a big focus of Carol's time
- Fuel Assistance starts in November – Carol has a new contact to work with which should make things easier.

Director's Report

Will cover in OLD Business

Chairman's Report - None.

Old Business

- Medicaid Open Enrollment being handled by Mary Shepherdson starting on 10/31 until the end of December – she will cover both Monday and Friday.
- Karen DeAngelo will offer Memory Screening on 11/9 from 11am to 2pm
- Flu Clinic will be offered by the town on 11/22 – COA will have a table which will be covered by Patty and Lisette
- Holiday Fraud Protection will be offered on 11/22 @ 10am
- Tasty Tuesday – issue is how many do not pre-register for this event. We are seeing an average of 16 people attending – suggestion made that we try something different for lunch such as a Deli Platter where people can make their own sandwich selections. Participants pay \$3.00 with support from the Friends.

New Business

- Report of the passing of Dan Harp our SHINE Representative for many years. Deepest sympathies to the Harp family
- Thanksgiving luncheon will again be catered by Bossy's
- Christmas luncheon – Patty has been in touch with Chief Soffayer who has offered to again sponsor the Christmas luncheon at Primavera date to be determined
- Blood Pressure Clinic in need of another nurse. Patty will contact Sandra Fish and Public Health Nurse.
- Happy Hour will be held on 10/25 at 3pm. Punch and Roche Brothers platters to be served
- Town Article – Patty has submitted an article to add a slot to the Tax Work Off Program for 100 hours to be used by a person working and donating their time for a senior who cannot physically participate in the program.
- Weight Loss Program – Franklin offers TOPS which requires that 3 people be in charge and must have weekly weigh-ins. We do not have the staff to cover this program.
- On-line track program is free but requires the user to have a smart phone.
- Fitness Pal is free and easy – Chris has used this program and is willing to help with program. Patty to contact Public Health Nurse for nurses to oversee the program.
- Suggestion made that we offer high school kids the opportunity to help seniors with cell phone questions and use that time as their service hours – Patty will follow up on this.
- The scheduled Reading Program will not be offered at the Center as there was no interest and Alex Lent will be leaving Millis to follow an opportunity in Danvers.
- Chris suggested that we offer a per-pre town meeting with Jim and Pete Jermaine to answer seniors' questions. - She will ask Jim.
- Bill reports that the Bingo group is growing and is excited about the "Super Bingo" game held once per month (sponsored by the Friends). There are currently 12-15 people playing.

Motion to adjourn the meeting made by Lisette at 10:05 am

**Next COA Board Meeting: November 10, 2017
at 9:00 AM – VMB Room 19**